

# EXTERNAL CATHETER SIZING GUIDE

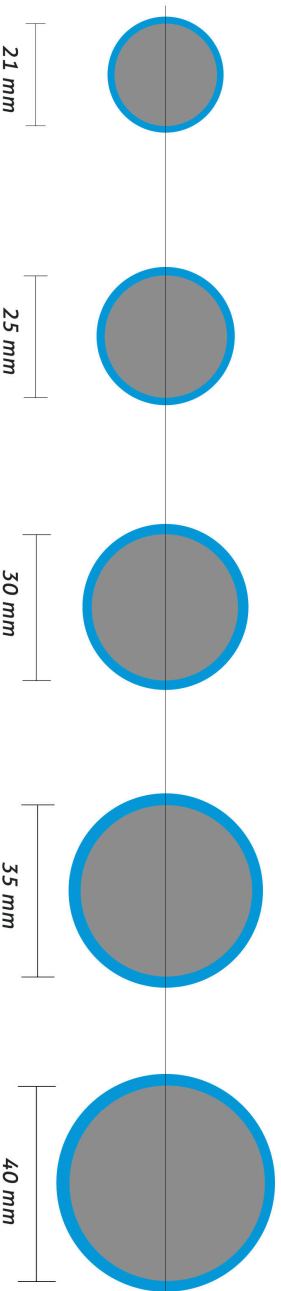


## Two Ways to Self-Measure

**This page must be printed full-size with Page Scaling turned off. To test for correct size, a quarter should line up with the image of the quarter in the bottom right.**

1) For an accurate measurements, fold along the solid line. Carefully cut out the inferior (light grey) portion of the half-circle shapes so only the blue ring remains. Drape the fully relaxed penis into each half-circle, measuring at the width closest to the body.

2) If you do not have scissors, you can get rough measurements by first folding this page just below the millimeter lines. Next, lay the page at the edge of a waist-high flat surface. Drape the base of the relaxed penis across the lines to find the closest match.



Note: Some brands may have different sizes from the above, usually within 1-2 millimeters. The closest fit is the ideal catheter.

